



SHARK BITES



OCTOBER 2011

Welcome! Firstly, may I apologise for the lateness of this month's issue of Shark Bites. It has been a very busy time on the news front and I am glad to say, all very positive too! Of particular note has been the reopening of the Leisure Centre pool, which has allowed our young Sharkies to return to the water. The new changing rooms look great although they have changed so much, many of us are still learning to navigate them. They now have sensor activated showers, a disabled changing room and lockers. Please note - the lockers take a deposit of either a £1 coin or a supermarket trolley token, which you get back when you return the locker key.

Juliet Richards. Newsletter Coordinator

Official newsletter for Sandbach Sharks Swimming Club, serving Sandbach, Holmes Chapel, Middlewich and surrounding areas.

www.sandbachsharks.co.uk

SPOTLIGHT

Introducing our Sharkies Secretary, Zoe Hilson



Zoe's involvement with Sandbach Sharks began in 2007, when her daughter joined Sharkies. She took on her current role in 2009 and is responsible for the day to day running of Sharkies, which includes dealing with enquiries, bookings, fees and payments and managing the Sharkies membership and waiting list. By working closely with Head Coach Carolyn Cowburn, Zoe ensures our Sharkies are placed at the right level for their ability when they join.

Super Swimmers Show Shark Spirit

A very well done to five Sharks who enjoyed success at the Robin Hood Open Meet earlier this month. Sam Peart, Steph Bell, Marcus Cook, Josh Wilson and Emily Williams all achieved new Personal Best times. Emily took Silver in the 50m Freestyle and Marcus took 4th place in the 50m Open Freestyle, missing out on a Bronze medal by just 1/100th of a second! Check out our website for more details of their achievements and new PBs. A superb effort from all.



This was a 2-day Level 1 gala held at Ponds Forge, Sheffield and it is the first time in our Club's history that we have had swimmers representing Sandbach on both days! 59 teams from all over the UK took part, some from places as far flung as the Isle of Man and Ayrshire. Our swimmers really enjoyed the atmosphere and experience of a Level 1 meet and it was a great opportunity for them to observe the techniques & style of some of the UK's top swimmers.

Cake Alert!

Club Captain Sarah Peart has turned her talents to baking to fundraise for the Club. Sarah will be selling her tasty cakes on Wednesday evenings at the Leisure Centre and Sunday mornings at the Boys' School, so bring your small change along to bag yourself a treat. Look out for her Chocolate Brownies, which are truly divine. Prices start at around 50p, but guessing Sarah's secret ingredient will get you a freebie the following week.

It was a pleasure...

Thank you to everyone who contributed to and came along to Dave's farewell presentation last month. It was a great send-off, topped off with a bit of trophy-giving and lots of smiling faces. Dave was delighted with his card and the many lovely messages you all gave.



"When I first took on the role, I was responsible for less than 30 swimmers - now it is over 60! On top of all the day-to-day stuff, I also organise the end of term reports and certificates for the kids, so I am very, very busy. But it's so rewarding to see each of them developing and improving their swimming."

Note for all parents and members: Please remember that you must be registered as Category 2 with the ASA to enter open galas. And don't forget the early morning swims 7-8.15am on Tuesday & Thursday mornings at Sandbach Boys School!

Shark Bait. Get involved with Sandbach Sharks & Sharkies...

- The ASA North West Regional Conference - YOUR CLUB, YOUR COMMUNITY - is being held on Sunday 6th November 2011 at Leigh Stadium, Sale Way, Leigh WN7 4JY. The conference is designed to support and develop club volunteers in promoting aquatic based clubs across the North West Region. The Day Delegate Rate (for swim21 accredited clubs) is £15.00 per member. Club Group Bookings (4 members) is £45.00. If you are a volunteer for Sharks, or want to volunteer, and are interested in attending, please speak to one of the Committee. More details can be found at <http://www.swimming.org/NorthWest/clubs/2011-asa-north-west-region-conference-your-club-your-community/>
- Other ways you can help the club ... Recommend a friend! Do some fundraising! Come to the Galas! Share your skills or contacts! Remember, there is a lot of information on our website including news of our galas, swimmers and their achievements.