



## **SANDBACH SHARKS AGE GROUP CLUB CHAMPIONSHIPS**

### **ASA LICENSED MEET LEVEL 4 SHORT COURSE**

To be held at The Needham Pool, MMU. Alsager.

Friday 18<sup>th</sup> June 2010, Sunday 20<sup>th</sup> June 2010, Friday 25<sup>th</sup> June 2010, Sunday 27<sup>th</sup> June 2010.

#### **License Numbers**

**4NW0442 & 4NW0443**

Under ASA Laws and ASA Technical Rules

(Sandbach Sharks ASC affiliated to Swim Northwest and  
Cheshire County Swimming and WP Association)

Promoter Mrs Karen Cody

- The meet will be held under ASA Laws and Technical Rules and is licensed by the ASA at Level 4.
- Ages are as on the final day of the competition, 27<sup>th</sup> June 2010.
- All swimmers must be members of the ASA.
- The pool is 25 metres long with 5 lanes, anti-wave lane ropes and manual timing will be used. Results will be published on [www.sandbachsharks.co.uk](http://www.sandbachsharks.co.uk)
- “**Over the top**” starts will be used in the heats at the discretion of the promoter.
- Users of any video zoom or close range cameras must register their details at the entrance. Sandbach Sharks cannot be held responsible for the loss or damage of spectators’ or competitors’ property. Competitors are advised to use the lockers in the changing area.
- Age groups will be 10yrs and under, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and Open.
- Swimmers aged 8 yrs and over on the 27<sup>th</sup> June 2010, will be allowed to complete.
- Events will be for 10yrs and under 50m and 200m all strokes plus 4 x 50m I.M.
- Events for 11 yrs and over will be 200m all strokes plus 4 x 50 I.M.
- Events for 11yrs and over also include 400 Freestyle and 400m Individual Medley.

- Events for 12yrs and over also include 100m all strokes, plus 800 and 1500 Freestyle.
- In order to compete in the 50m event swimmers 10yrs and under will have had to have competed in the corresponding 200m event during the 2010 Club Championships.
- In order to compete in the 100m event swimmers 12yrs and over will have had to have completed in the corresponding 200m event during the 2010 Club Championships.
- Age Group Championship Points will only be awarded from 200m all strokes, 4 x 50 IM and 400m Freestyle.
- Points will be awarded as follows 1<sup>st</sup> 6 points, 2<sup>nd</sup> 5 points, 3<sup>rd</sup> 4 points, 4<sup>th</sup> 3 points, 5<sup>th</sup> 2 points, with the remaining swimmers each being awarded 1 point.
- Age group placings will be determined by comparing the points cumulated from point scoring events. (As above).
- Closing dates for entries will be the 21/05/2010. After which no entries will be accepted.
- No poolside entries will be allowed.
- Entry fee shall be £3 per swim up to a maximum of £10 per swimmer. i.e. Three swims = £9, Four or more swims per swimmer = £10 Flat rate.
- All cheques should be made payable to Sandbach Sharks ASC.
- Entry times should be converted to 25m pool times by use of ASA Conversion Tables.

Anything not covered above, and not printed in the programme, will be at the promoter's discretion.

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**Program of Events**

**Friday 18<sup>th</sup> June 2010.**

- Mixed 1500m Freestyle

## **SUNDAY 20<sup>TH</sup> June 2010.**

- Girls 11yrs & over 400m Free
- Boys 11yrs & over 400m Free
- Girls 10yrs & Under 200 Fly
- Boys 10yrs & Under 200 Fly
- Girls 11yrs & Over 200 Fly
- Boys 11yrs & over 200 Fly
- Girls 10yrs & Under 50 Back
- Boys 10yrs & Under 50 Back
- Girls 12yrs & Over 100 Back
- Boys 12yrs & Over 100 Back
- Girls 10yrs & Under 200 Breast
- Boys 10yrs & Under 200 Breast
- Girls 11 yrs & Over 200 Breast
- Boys 11 yrs & Over 200 Breast
- Girls 10yrs & Under 50 Free
- Boys 10yrs & Under 50 Free
- Girls 12yrs & Over 100 Free
- Boys 12yrs & Over 100 Free
- Girls 11 yrs & Over 4 x 50 IM
- Boys 11 yrs & Over 4 x 50 IM

## **Friday 25<sup>th</sup> June 2010**

- Mixed 800m Freestyle

## **Sunday 27<sup>th</sup> June 2010**

- Girls 11yrs & over 4 x 100 IM
- Boys 11yrs & over 4 x 100 IM
- Girls 10yrs & Under 200 Back
- Boys 10yrs & Under 200 Back
- Girls 11yrs & Over 200 Back
- Boys 11yrs & over 200 Back
- Girls 10yrs & Under 50 Fly
- Boys 10yrs & Under 50 Fly
- Girls 12yrs & Over 100 Fly
- Boys 12yrs & Over 100 Fly
- Girls 10yrs & Under 200 Free
- Boys 10yrs & Under 200 Free
- Girls 11 yrs & Over 200 Free
- Boys 11 yrs & Over 200 Free
- Girls 10yrs & Under 50 Breast
- Boys 10yrs & Under 50 Breast
- Girls 12yrs & Over 100 Breast
- Boys 12yrs & Over 100 Breast

- Girls 10 yrs & Under 4 x 50 IM

- Boys 10 yrs & Under 4 x 50 IM